

# juices

## Fresh-Squeezed Juices

Fresh-squeezed, pure and sweet, wheatgrass, orange, carrot, lemonade and other tasty combos!

Choose the size that's right for you. Small, Regular, Power

### LEMONADE

Made with 100% of Vitamin C, a lushy blend of fresh-squeezed orange juice, pineapple juice, banana, honey and botanicals.

### ORANGE

Fresh-squeezed with a sweet, pulpy taste.

### CARROT

The other orange juice. Fresh-squeezed carrots juiced to sweet perfection... high in Vitamin A and beta carotene.

### ORANGE/CARROT

Fruits and veggies unite in fresh-squeezed love!

### ORANGE/BANANA

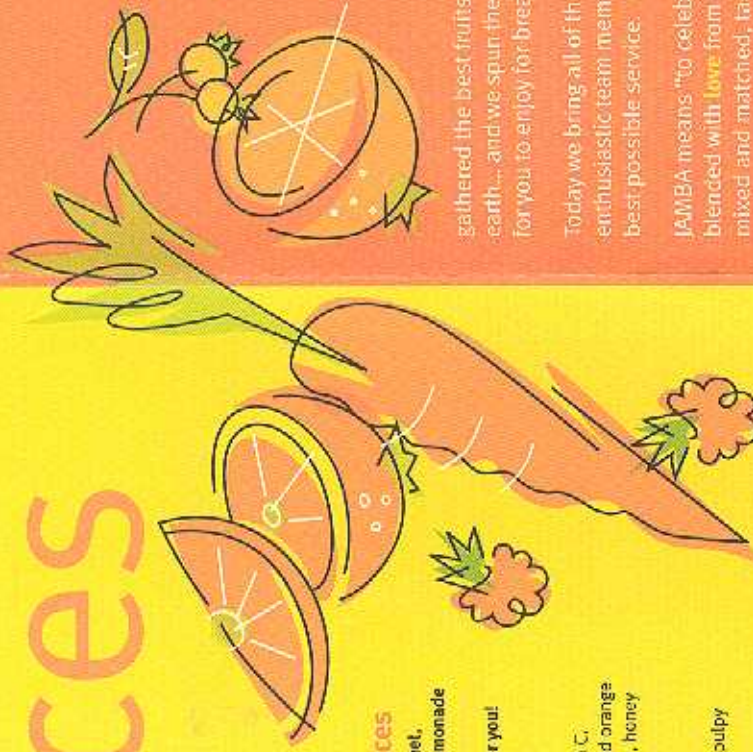
Tangy, mellow and smooth all at once!

### WHEATGRASS

Liquid sunshine... squeezed into a single shot. Essential amino acids, enzymes, chlorophyll, vitamin C and K, folic acid, and all the important minerals including iron, potassium and selenium. Wheatgrass comes in 1 or 2 oz shots!

### LEMONADE

Made with fresh-squeezed lemon juice and white grape juice. No sugar added.



## The Jamba Story!

We are proud to be a part of your community! We're here to tickle your taste buds and nourish your body and mind with flavorful, nutrient-rich foods.

We started out in 1990 in California... a small group of wellness-minded people, one store, and a mountain of passion.

Our simple dream was to make healthy living delicious, easy and fun. So we gathered the best fruits, vegetables and nutrient-rich foods of the earth... and we spun these natural wonders into delightful creations for you to enjoy for breakfast, lunch and dinner.

Today we bring all of this goodness home to our stores where our enthusiastic team members are dedicated to providing you with the best possible service.

JAMBA means "to celebrate." When you taste our unique products blended with love from the highest quality ingredients, relentlessly mixed and matched, tasted and tested... we hope you, too, will celebrate... Jamba!

## Jamba Juice Goodness Guarantee

We vow to please you with the ultimate in great taste and nutrition and to serve you with bright smiles in a vibrant store... each time you walk through our door! We promise to pursue only the highest-quality ingredients and to share with you only the best, all-natural goodness with no artificial preservatives, flavors, or colors. We celebrate your total satisfaction, so if you're not happy with your Jamba experience... let us know, and we'll find a solution just right for you!

At Jamba... it's what we love to do!

Team Jamba



For a list of Jamba locations visit:  
[www.jambajuice.com](http://www.jambajuice.com)  
1-800-JAMBA112

Products offered may vary by location.  
© 2005 Jamba Juice Company



# jamba menu

DISCOVER MORE...



# juices

## Fresh-Squeezed Juices

Fresh-squeezed, pure and sweet, wheatgrass, orange, carrot, lemonade and other tasty combos!

Choose the size that's right for you!  
Small, Regular, Power

### VIBRANT-C®

Loaded with 1200% of Vitamin C. Slushy blend of fresh-squeezed orange juice, pineapple juice, banana, honey and botanicals.

### ORANGE

Fresh-squeezed with a sweet, puffy taste.

### CARROT

The other orange juice. Fresh-squeezed carrots juiced to sweet perfection... high in vitamin A and beta carotene.

### ORANGE/CARROT

Fruits and veggies unite in fresh-squeezed love!

### ORANGE/BANANA

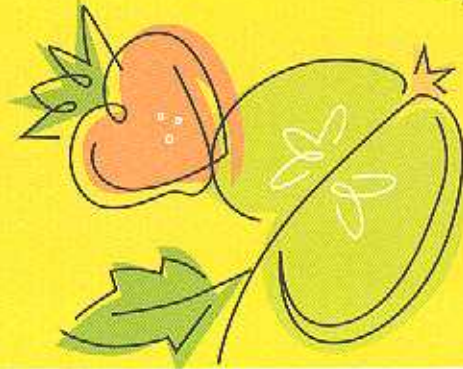
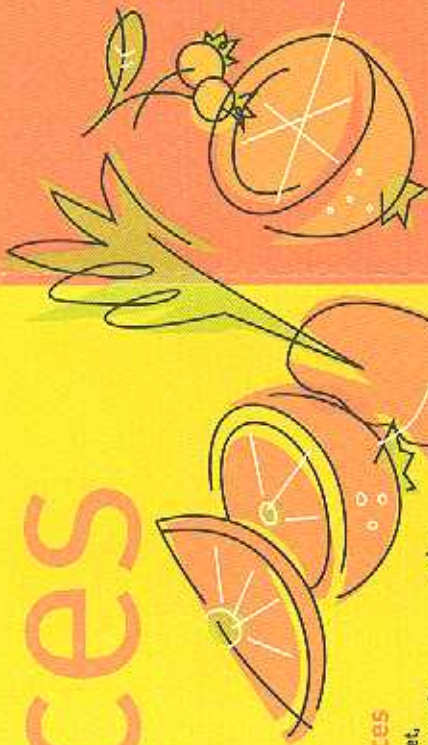
Tangy, mellow and smooth all at once!

### WHEATGRASS

Liquid sunshine... squeezed into a single shot. Essential amino acids, enzymes, chlorophyll, vitamin C and K, folic acid, and all the important minerals including iron, potassium and selenium. Wheatgrass comes in 1 or 2 oz shots!

### LEMONADE

Made with fresh-squeezed lemon juice and white grape juice. No sugar added.



## The Jamba Story!

We are proud to be a part of your community! We're here to tickle your taste buds and nourish your body and mind with flavorful, nutrient-rich foods.

We started out in 1990 in California... a small group of wellness-minded people, one store, and a mountain of passion.

Our simple dream was to make **healthy** living delicious, easy and fun. So we gathered the best fruits, vegetables and nutrient-rich foods of the earth... and we spun these natural wonders into delightful creations for you to enjoy for breakfast, lunch and dinner.

Today we bring all of this **goodness** home to our stores where our enthusiastic team members are dedicated to providing you with the best possible service.

JAMBA means "to celebrate." When you taste our unique products blended with **love** from the highest **quality** ingredients, relentlessly mixed and matched, tasted and tested... we hope you, too, will celebrate... Jamba!

## Jamba Juice Goodness Guarantee

We vow to please you with the ultimate in great taste and nutrition and to serve you with bright smiles in a vibrant store... each time you walk through our door! We promise to pursue only the highest-quality ingredients and to share with you only the best, all-natural goodness with no artificial preservatives, flavors, or colors. We celebrate your total satisfaction, so if you're not happy with your Jamba experience... let us know, and we'll find a solution just right for you!

At Jamba... it's what we love to do!  
Team Jamba



# Smoothies

How to jamba

1 Pick your favorite Smoothie

2 Choose a Free Jamba Boost (it's easy... ask us!)

3 Select the right size for you (Regular or Power Size)

## Lower Smoothies™

**JAMBA POWERBOOST®**  
Powered from 5 Jamba Boosts™. Fresh-squeezed orange juice, strawberries, bananas, sherbet, Jamba Juice-Boost™  
Calories 420 • Carbs 103 g • Fat 1.5 g  
Protein 5 g • Fiber 7 g

**OLDUSTER®**  
Jamba's colds with 2100% D.V. of Vitamin C and echinacea. Fresh-squeezed orange juice, peaches, bananas, orange sherbet, immunity boost™  
Calories 420 • Carbs 100 g • Fat 2.5 g  
Protein 5 g • Fiber 5 g

**KIWI BERRY BURNER®**  
Boosts weight maintenance with chromium and other botanicals. Kiwi juice, strawberries, peaches, nonfat frozen yogurt, sherbet, Burner Boost™  
Calories 470 • Carbs 122 g • Fat 0 g  
Protein 4 g • Fiber 5 g

## Protein Smoothies™

**ORANGE DREAM MACHINE™**  
Fueled with 18 grams of protein. Fresh-squeezed orange juice, orange sherbet, nonfat frozen yogurt, soy milk, Protein Boost™  
Calories 540 • Carbs 122 g • Fat 2.5 g  
Protein 18 g • Fiber 1 g

**PROTEIN BERRY PIZZAZZ™**  
Packed with 20 grams of protein for muscle maintenance and sustained energy. Soy milk, strawberries, bananas, Protein Boost™  
Calories 440 • Carbs 92 g • Fat 1.5 g  
Protein 20 g • Fiber 6 g

**CHOCOLATE MOO'D®**  
Loaded with protein and half your day's worth of calcium. Naturally flavored chocolate milk, nonfat frozen yogurt, sherbet  
Calories 690 • Carbs 142 g • Fat 8 g  
Protein 16 g • Fiber 2 g

**PEANUT BUTTER MOO'D™**  
This indulgent tasting blend is an excellent source of Vitamin D. Naturally flavored chocolate milk, soy milk, nonfat frozen yogurt, peanut butter, bananas  
Calories 860 • Carbs 145 g • Fat 21 g  
Protein 25 g • Fiber 5 g

## Berry Smoothies™

**STRAWBERRIES WILD®**  
Apple-strawberry juice, strawberries, bananas, nonfat frozen yogurt  
Calories 430 • Carbs 103 g • Fat 0 g  
Protein 5 g • Fiber 4 g

**BANANA BERRY™**  
Apple-strawberry juice, blueberries, bananas, raspberry sherbet, nonfat frozen yogurt  
Calories 470 • Carbs 122 g • Fat 1.5 g  
Protein 5 g • Fiber 5 g

**RAZZMATAZZ®**  
Raspberry juice, strawberries, bananas, orange sherbet  
Calories 480 • Carbs 112 g • Fat 2 g  
Protein 3 g • Fiber 4 g

**BERRY LIME SUBLIME™**  
Raspberry juice, strawberries, raspberries, lime sherbet  
Calories 450 • Carbs 102 g • Fat 2 g  
Protein 3 g • Fiber 6 g

**Cranberry Craze®**  
Cranberry juice, strawberries, blueberries, nonfat plain yogurt, raspberry sherbet  
Calories 420 • Carbs 92 g • Fat 2 g  
Protein 5 g • Fiber 4 g

**ORANGE BERRY BLITZ™**  
Fresh-squeezed orange juice, blueberries, strawberries, pineapple sherbet  
Calories 410 • Carbs 94 g • Fat 2.5 g  
Protein 5 g • Fiber 5 g

# Smoothies

How to jamba

1 Pick your favorite Smoothie

2 Choose a Free Jamba Boost (it's easy... ask us!)

3 Select the right size for you (Regular or Power Size)

## Paradise Smoothies™

**CARIBBEAN PASSION®**  
Passionfruit-mango juice, strawberries, peaches, orange sherbet  
Calories 440 • Carbs 102 g • Fat 2 g  
Protein 4 g • Fiber 4 g

**MANGO-A-GO-GO™**  
Passionfruit-mango juice, mangos, pineapple sherbet  
Calories 500 • Carbs 117 g • Fat 2 g  
Protein 4 g • Fiber 2 g

**CITRUS SQUEEZE®**  
Fresh-squeezed orange juice, pineapple juice, bananas, strawberries, orange sherbet  
Calories 450 • Carbs 92 g • Fat 2 g  
Protein 4 g • Fiber 3 g

**ORANGE-A-PEEL™**  
Fresh-squeezed orange juice, strawberries, bananas, nonfat frozen yogurt  
Calories 440 • Carbs 102 g • Fat 1 g  
Protein 5 g • Fiber 5 g

**ALOHA PINEAPPLE™**  
Pineapple juice, strawberries, bananas, pineapple sherbet, nonfat plain yogurt  
Calories 470 • Carbs 89 g • Fat 1.5 g  
Protein 7 g • Fiber 5 g

**PEENYA KOWLADA®**  
Pineapple juice, coconut, bananas, pineapple sherbet, nonfat frozen yogurt  
Calories 650 • Carbs 128 g • Fat 3 g  
Protein 8 g • Fiber 3 g

**PEACH PLEASURE®**  
Peach juice, peaches, bananas, orange sherbet  
Calories 460 • Carbs 108 g • Fat 2 g  
Protein 4 g • Fiber 3 g

# Smoothies

How to jamba

1 Pick your favorite Smoothie

2 Choose a Free Jamba Boost (it's easy... ask us!)

3 Select the right size for you (Regular or Power Size)

## Free Jamba Boost with every Smoothie™

**PROTEIN BOOST™**  
Muscle Maintenance & Sustained Energy  
Help balance, protect, and support the body's needs with 100% RDI of vitamin A and D, folic acid, calcium, and magnesium; plus iron, botanicals, and herbs like wild yam and chasteberry.

**IMMUNITY BOOST™**  
Total Body Defense  
Enhance your immune system, fight sickness, and keep your defenses up with 800% RDI of vitamin C, 100% RDI of vitamins A, E, zinc, potent herbs like echinacea, and powerful antioxidants to combat free radicals.

**ENERGY BOOST™**  
Mind and Body Energy  
Stimulate body and mind, fight fatigue, and increase stamina with Siberian Ginseng, Ginkgo Biloba, and other energy-producing vitamins and minerals.

**VITA BOOST™**  
Joint Vital Health  
Nourish the whole body with 100% RDI of 20 vitamins and minerals like A, C, D, E, K, and all the B's, along with calcium, magnesium, zinc, and selenium. This pure blend ensures quick and efficient absorption for total body nourishment.

**FIBER BOOST™**  
Total Digestive Health  
Promote total digestive and circulatory health with more than 6 grams of soluble and insoluble fiber to help improve nutrition absorption, and lower cholesterol. Active cultures stimulate your immune system and help protect against infection.

**JAMBA MULTI BOOST™**  
Five Boosts in One  
Everything but the kitchen sink. This boost offers complete nutrition from a potent combination of five of our boosts— with 100% RDI of 20 vitamins and minerals, soy protein, fiber, ginseng, and echinacea.

**BURNER BOOST™**  
Metabolism Booster & Appetite Control  
A powerful combination of Citrus plus chromium picolinate and thermogenic herbs helps inhibit the body's ability to store fat. It also contains fiber for healthy digestion to help control your appetite and to keep you fit and trim.



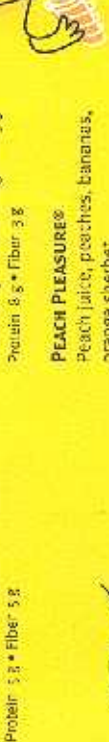
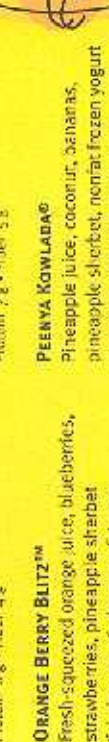
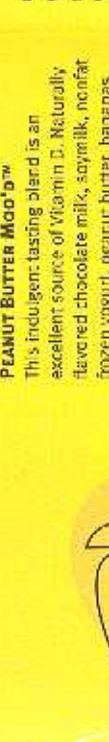
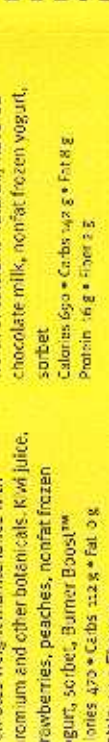
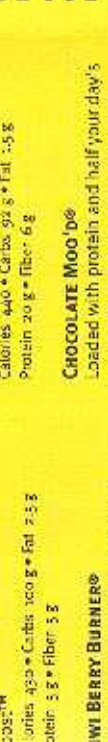
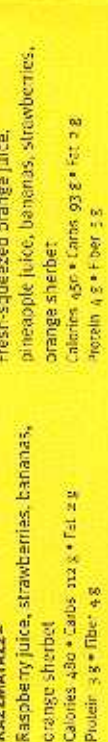
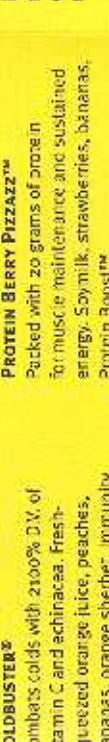
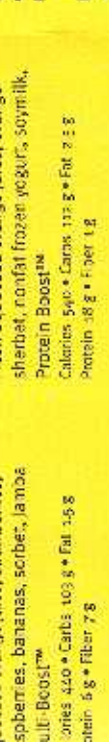
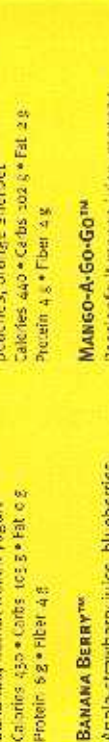
lambasism #3... Do more with your body as you wish it could do more.



Ask us about Jamba Go-Go, Catering, Events, and Large Order needs!



High quality, multi-ingredient, effective supplements to boost your body and mind... designed to target your body's daily nutritional and wellness needs with simple, sensible solutions! For a couple of extra coins, you can even add a second boost!



Please consult your physician before starting any supplement program, especially if you have an autoimmune disorder, pre-pregnant, pregnant, or taking any other medications. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease, but rather to aid healthy supplementation intended solely for nutritional support.

All Jambas are low in sugar and low in calories.

# Smoothies

How to Jamba

1. Pick your favorite Smoothie
2. Choose a Free Jamba Boost (it's easy... ask us!)
3. Select the right size for you (Regular or Power Size)



Jambaism #3... Do into your body as you wish! It would do unto you.

## Power Smoothies™

**JAMBA POWERBOOST®**  
Powered from 5 Jamba Boosts™. Fresh-squeezed orange juice, strawberries, raspberries, bananas, sorbet, Jamba Multi-Boost™  
Calories 440 • Carbs 103 g • Fat 1.5 g  
Protein 9 g • Fiber 7 g

**COLDBUSTER®**  
Combats colds with 2400% D.V. of vitamin C and echinacea. Fresh-squeezed orange juice, peaches, bananas, orange sherbet, immunity Boost™  
Calories 430 • Carbs 100 g • Fat 2.5 g  
Protein 3 g • Fiber 5 g

**KIWI BERRY BURNER®**  
Promotes weight maintenance with chromium and other botanicals. Kiwi juice, strawberries, peaches, nonfat frozen yogurt, sorbet, Surmer Boost™  
Calories 420 • Carbs 112 g • Fat 0 g  
Protein 6 g • Fiber 5 g

## Protein Smoothies™

**ORANGE DREAM MACHINE™**  
Fueled with 18 grams of protein. Fresh-squeezed orange juice, orange sherbet, nonfat frozen yogurt, soy milk, Protein Boost™  
Calories 440 • Carbs 112 g • Fat 2.5 g  
Protein 18 g • Fiber 1 g

**PROTEIN BERRY PIZZAZZ™**  
Packed with 20 grams of protein for muscle maintenance and sustained energy. Soy milk, strawberries, bananas, Protein Boost™  
Calories 440 • Carbs 92 g • Fat 2.5 g  
Protein 20 g • Fiber 0 g

**CHOCOLATE MOO'D®**  
Loaded with protein and half your day's worth of calcium. Naturally flavored chocolate milk, nonfat frozen yogurt, sorbet  
Calories 590 • Carbs 142 g • Fat 1.8 g  
Protein 16 g • Fiber 7 g

**PEANUT BUTTER MOO'D®**  
This indulgent tasting blend is an excellent source of Vitamin D. Naturally flavored chocolate milk, soy milk, nonfat frozen yogurt, peanut butter, bananas  
Calories 360 • Carbs 145 g • Fat 21 g  
Protein 23 g • Fiber 5 g

## Berry Smoothies™

**STRAWBERRIES WILD®**  
Apple-strawberry juice, strawberries, bananas, nonfat frozen yogurt  
Calories 430 • Carbs 103 g • Fat 0 g  
Protein 6 g • Fiber 4 g

**BANANA BERRY™**  
Apple-strawberry juice, blueberries, bananas, raspberry sherbet, nonfat frozen yogurt  
Calories 470 • Carbs 112 g • Fat 1.5 g  
Protein 5 g • Fiber 5 g

**RAZZMATAZZ®**  
Raspberry juice, strawberries, bananas, orange sherbet  
Calories 430 • Carbs 112 g • Fat 2 g  
Protein 3 g • Fiber 4 g

**BERRY LIME SUBLIME™**  
Raspberry juice, strawberries, raspberries, lime sherbet  
Calories 430 • Carbs 101 g • Fat 2 g  
Protein 3 g • Fiber 6 g

**CRANBERRY CRAZE®**  
Cranberry juice, strawberries, blueberries, nonfat plain yogurt, raspberry sherbet  
Calories 420 • Carbs 97 g • Fat 2 g  
Protein 6 g • Fiber 4 g

**ORANGE BERRY BLITZ™**  
Fresh-squeezed orange juice, blueberries, strawberries, pineapple sherbet  
Calories 410 • Carbs 94 g • Fat 2.5 g  
Protein 5 g • Fiber 3 g

## Paradise Smoothies™

**CARIBBEAN PASSION®**  
Passionfruit-mango juice, strawberries, peaches, orange sherbet  
Calories 440 • Carbs 102 g • Fat 2 g  
Protein 4 g • Fiber 4 g

**MANGO-A-GO-GO™**  
Passionfruit-mango juice, mangos, pineapple sherbet  
Calories 500 • Carbs 117 g • Fat 3 g  
Protein 4 g • Fiber 4 g

**CITRUS SQUEEZE®**  
Fresh-squeezed orange juice, pineapple juice, bananas, strawberries, orange sherbet  
Calories 450 • Carbs 93 g • Fat 2 g  
Protein 4 g • Fiber 3 g

**ORANGE-A-PEEL™**  
Fresh-squeezed orange juice, strawberries, bananas, nonfat frozen yogurt  
Calories 440 • Carbs 102 g • Fat 1 g  
Protein 5 g • Fiber 3 g

**ALOMA PINEAPPLE™**  
Pineapple juice, strawberries, bananas, pineapple sherbet, nonfat plain yogurt  
Calories 470 • Carbs 89 g • Fat 1.5 g  
Protein 7 g • Fiber 5 g

**PEACHY KIWILADA®**  
Pineapple juice, coconut, bananas, pineapple sherbet, nonfat frozen yogurt  
Calories 450 • Carbs 118 g • Fat 1 g  
Protein 8 g • Fiber 3 g

**PEACH PLEASURE®**  
Peach juice, peaches, bananas, orange sherbet  
Calories 460 • Carbs 106 g • Fat 2 g  
Protein 4 g • Fiber 5 g



Ask us about Jamba Go-Go, Catering, Events, and Large Order needs!